

Communication Partner Training.



What is it?

Communication Partner Training is an evidence based intervention that aims to work with the client themselves and their significant others (i.e. family members, friends, healthcare workers) on how to best support conversation and interaction for the person with communication difficulties. Communication changes that occur after a stroke or brain injury can often be really life changing, so involving the person's significant others can have a really positive impact on quality of life for all involved.

What ChatAbout can do:

Communication Partner Training is proven to be effective in increasing both communication access and participation for people with communication difficulties. Through the implementation of effective communication partner training, people can experience decreased social isolation, and increased participation in both communication and meaningful activities throughout their life.

Speech Pathologists can help work with you and your communication partners (whether that be your spouse, family members, friends, or healthcare workers) collaboratively to:

- Identify strategies that may be useful to you during communication breakdowns such as writing keywords, using natural gesture, drawing, simplifying speech, rephrasing or repeating questions or slowing down rate of speech.
- Trial and practice strategies within the therapy setting with you and your loved ones to help you get your message out more effectively or better understand what is being said to you.
- Integrate strategies into functional, every day life situations in your life so that it is effective and makes meaningful change.